

RUORI

Describes functional capacity,
identifies special needs

Resource-oriented tools for the assessment and description of functioning

VOCATIONAL COLLEGE



What is RUORI?

RUORI is a method for assessing the capacity to function and study developed by Luovi Vocational College and based on the World Health Organization's ICF classification. With the help of RUORI, an applicant or student can, in cooperation with experts, assess and identify their studying skills, resources and suitability for vocational studies. During the resource-centred assessment, they also consider what support needs the applicant or student might have during their studies and later when seeking employment.

Who participates in assessment of support needs?

The people who participate in a RUORI assessment are always agreed together. The person being guided is a central expert in identifying their own functioning. In addition to them, teaching, guidance and support staff and select people from the applicant's or student's personal network, such as guardians or a comprehensive school teacher, can participate in the assessment.



*ICF = The World Health Organization's (WHO) International Classification of Functioning, Disability and Health.

Further information:

<https://thl.fi/en/web/functioning/icf-implementation>

How is the RUORI assessment carried out?

Before the assessment, participants choose which tools to use.

The assessment can be carried out on a computer or mobile phone and includes separate online forms for self-assessment and for assessment by experts. The assessors select options from the online form that best represent the person's capacities to function and study.

The self-assessment can also be completed by playing the RUORI game, in which studying abilities and support needs are assessed in a gaming environment on a computer or a mobile device.

The newest tool in the RUORI toolbox is the VETOVOIMALA card deck, developed for use by teaching and guidance staff. Its picture, question and method cards can be used for assessing functioning by conversing with the person being guided.

How can the assessment data be used?

The RUORI's assessment results are always reviewed in a guidance conversation to create a comprehensive view of factors promoting functioning and any support needs that must be taken into consideration regarding studies or future employment.

The RUORI assessment can also be carried out during studies in different learning environments. Then, the methods and services supporting the student's functioning can be tailored to suit each learning environment and support the student's employment goals.

Four quadrants of RUORI



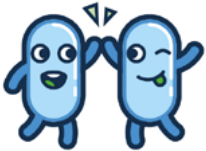
Resources

- Interest and motivation in studying and career planning
- Coping and energy levels
- Stress management
- Self-confidence
- Self-image



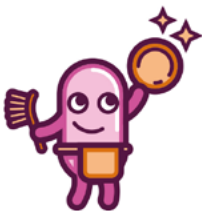
Learning and working capabilities

- Reading and writing
- Doing basic calculations
- Learning new things
- Health prerequisites of learning and working
- Manual skills
- Visual conceptualisation
- Concentration
- Completing tasks



Cooperation skills

- Behaviour and expressing emotions
- Working in a group
- Social skills needed in work or studying
- Following instructions, rules and schedules



Everyday living skills

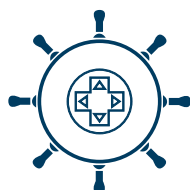
- Taking care of oneself
- Daily rhythm and sleep
- Doing chores
- Taking care of business and using money
- Getting from one place to another
- Hobbies and other meaningful leisure activities

Choose a RUORI tool that suits the situation



RUORI self-assessment

In the RUORI self-assessment, the applicant or student answers questions regarding their studying abilities and functioning. The self-assessment can be done together with a teacher, guardian or other support person, for example.



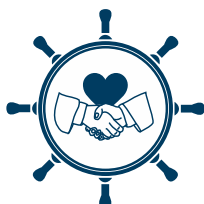
Self-assessment using the RUORI game

By playing the RUORI game, you can assess your own study ability and special support needs in a motivating and inspiring gaming environment on a computer, tablet, or mobile phone. The voice-controlled version of the game is suitable for players who have reading and writing difficulties.



RUORI expert assessment

The RUORI expert assessment describes the functioning and needs for support and guidance in different learning and operating environments of the person being guided on the basis of observations and cooperation. Multi-professional assessment increases reliability.



RUORI guidance conversation form

The RUORI guidance conversation form can be used for reviewing functioning together and when setting goals and making plans for the future for the person being guided. A previously completed RUORI self-assessment or expert assessment can be used as a conversation aid. A summary of the guidance discussion can be used as a document of support needs in student admission for upper secondary education.

VETOVOIMALA cards and RUORI

The VETOVOIMALA cards are a combination of traditional picture cards and tools from the guidance toolbox.

The card package consists of two decks of cards: large picture cards (34) and small method cards (68).

The cards were developed for use by teaching and guidance staff, and they function as conversation openers during interviews and guidance conversations and reinforce the involvement of the applicant or student when planning their studies. The cards can also be used for assessing special and demanding special needs in conjunction with the RUORI Assessment Tools.

The large picture cards help the person being guided to identify their own strengths and areas for development in studying. The questions on the back of the picture cards guide them to independent reflection or to a guidance conversation quickly and inspiringly.

The small method cards contain 68 different pedagogical methods for special and demanding special needs. With the cards, the student can choose support and guidance methods suitable for them, either independently or with a guidance counsellor.



RUORI training



Examples of RUORI training

The concept of functioning as a framework for special and demanding special needs

During the two-hour training, participants familiarise themselves with the WHO's International Classification of Functioning, Disability and Health (ICF) and its use in learning environments.

The GAS method for setting students' goals and assessing the effectiveness of guidance

During this whole-day training, participants are introduced to and trained in the combined use of RUORI and GAS methods for identifying the special needs of learners, setting goals and monitoring the effectiveness of guidance and counselling.

Introduction to RUORI webinar

The two-hour webinar introduces the RUORI assessment method and the assessment and guidance methods it uses.

Motivational interviews in learner guidance

The whole-day training introduces participants to the fundamentals of motivational interviews and its use in combination with the RUORI assessment method in different situations of guiding a learner.

RUORI in practice

During the whole-day training, participants familiarise themselves with the concept of functioning and practise using the RUORI assessment method for describing learners' functioning and identifying their support needs.

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Read more about RUORI on our website:
[luovi.fi/en/luovi-global-education/
ruori-assesment-tool/](https://luovi.fi/en/luovi-global-education/ruori-assesment-tool/)



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